Sheth T. J. Education Society's Sheth N.K.T.T. College of Commerce and Sheth J. T.T. College of Arts, Thane

Annual Gender Sensitization Action Plan 2023-24

The Women Development Cell (WDC) of the college, in association with different departments or committees, organizes various activities yearly to promote gender equity and ensure fairness of conduct for both women and men according to their various needs. The activities proposed under the Gender Sensitization Action Plan of 2023-24 are as follows -

1. Session on Personality Development

- **Objectives:** To enhance self-awareness, cultivate skills and potential, and boost the employability of female students.
- Outcome: Female students can develop the skills necessary for employability and gain a better understanding of their potential.

2. Session on Health and Hygiene

- **Objectives:** To educate female students on the importance of maintaining proper personal hygiene and adopting healthy habits to prevent illness, promote well-being, and improve overall quality of life. It aims to raise awareness about hygiene practices.
- Outcome: The outcome of a session is an increased understanding of the importance of personal hygiene practices and their role in preventing illness. There may be a heightened awareness of the relationship between hygiene and overall health, contributing to a cleaner and healthier environment for individuals and communities.

3. Self-Defence Training

- **Objectives:** To educate the female students about the different types of violence against them and to provide knowledge about the different tips of self-protection to keep in mind in different situations.
- **Outcome**: Girl students can able to understand different types of violence and by learning different techniques of self-defense they can protect themselves from any kind of violence.

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