

**Sheth T. J. Education Society's
Sheth N.K.T.T College of Commerce and
Sheth J.T.T College of Arts, Thane (W)
(Autonomous)**

Date: 14/08/24

Guest Lecture on Careers in Psychology

Report

Department of Psychology conducted a guest lecture on 'Careers in psychology' on 13th August 2024, at 10am in the AV Room. The lecture was delivered by Ms. Aarti Bharj, founder of Urjaa Initiative, NLP master practitioner, Relationship coach and meditation trainer. Ms. Gauri Nilakantan, Counselor of the college was also present for the lecture.

The objectives of this lecture were:

1. To guide the students in choosing a suitable career in Psychology
2. To help students understand possible career options in Psychology.

The resource person conducted an interactive session with the students present using role play method and powerpoint presentation. The anchoring of the lecture was done by a student of TYBA. The lecture began with welcome and felicitation of Ms. Aarti Bharj by the Vice-Principal of the college, Dr. Manoshi Bagchi.

The key points that were discussed in this lecture were:

- Different fields of Psychology
- The current trends in the field of Psychology
- Scope of psychology as a career
- Different psychology entrance exams like CUET, PUBDET, etc
- Higher education in psychology was encouraged for getting better opportunities.
- Importance of doing internships and how to find them.

Ms. Aarti Bharj also gave information about the websites which students can use to find different paid and unpaid psychology courses, and various post graduation courses in the field of psychology. Ms. Bharj guided the students about taking up different courses after Masters in Psychology. She also focused on the use of social media to learn more about psychology and knowing the opportunities in the field of psychology.

Interaction session was at the end of the session where parents and students clarified their doubts. Ms. Sailee Shinde, incharge of the Psychology department ended the session with a vote of thanks.

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Outcomes of the guest lecture

- Students were able to get clarity on which career would be more suitable and appropriate in Psychology for them.
- Students gained knowledge about the different fields in Psychology.
- Students got to understand what they can do after BA in psychology.
- Students got to know various sites that they can refer for psychology related courses as well as certifications
- Students understood the importance of internships and gained knowledge about finding the internships.

Student Attendance and Feedback

89 students attended the session. The students of BA, BCOM & BMS present. Online feedback forms were circulated among the students along with a QR code.

According to the received feedback students' experience with the session was great. Students liked the presentation and rated the resource person on a higher scale.



Saileshinda

In charge of the department

[Signature]
Principal

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