

## Question bank on Developmental Psychology

### Q1. Unit 1 :Physical and Cognitive development in Middle Adulthood

- A) Explain Physical changes that affect people in middle adulthood
- B) Explain how senses changes in the period of middle adulthood
  
- C) Explain how reaction time changes in middle adulthood
- D) Compare changes experience by middle aged men and women in sexuality.
- E) Explain risk factor related to TYPE A and TYPE B personality with respect to coronary heart disease
  
- F) What causes cancer and tools available to diagnose and treatment.
- G) Describe the risk factors related to Coronary Heart Disease.

### Q2. Unit2: Social and Personality development in Middle Adulthood

- A) Summarize Erikson's view of development during middle adulthood in detail.
- B) Describe marriage, ups and down of marriages and tips for successful marriage in middle adulthood..
- C) Describe marriage, divorce and remarriage in middle adulthood.
  
- D) Describe changing family situation with empty nest syndrome, boomerang children and sandwich generation.
- E) Explain family violence, stages of spousal abuse , society and cultural roots of violence in detail.
  
- F) Describe how people experience Leisure time in Middle adulthood
- G) Describe how people in Middle Adulthood react to becoming grandparents.

### Q3. Unit 3: Physical and Cognitive development in Late Adulthood

- A) Summarise physical changes that occur in old age.
- B) Describe how reaction time changes in late adulthood.
- C) Explain various health problems occurs in late adulthood. (Physical and psychological disorders)
  
- C) Explain various theories of aging pertaining to lifespan and causes of death (genetic programming, wear and tear, reconciling)
  
- D) Explain Aging with various techniques to postpone aging

- E) *Explain in what ways memory does and doesn't decline in late adulthood*
- F) Summarise how wellness can be maintained in Old age.
- G) Describe how learning and education continue in late adulthood.

Q4. Unit 4: Social and Personality development in Late Adulthood

- A) Describe various theories for successful aging
- B) Describe the circumstances in which older people live and various difficulties they face.
- C) Describe nature of relationship in late adulthood
- D) Describe the detail process of adjustment to widowhood in old age.
- E) Describe work and retirement in old age in detail.
- F) Describe what causes elder abuse and How can it be prevented.
- G) Describe how marriages fare in late adulthood.

Q5. Unit 1,2,3,4 (Short notes on All Units)

- A) stress in middle adulthood
- B) work and career in middle adulthood
- C) Demographics of late adulthood and Ageism
- E) Senses affected by aging in old age
- F) Personality develops in late adulthood
- G) Stages of retirement in old age
- H) Wisdom and its correlation with age.

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